



CARIBOU AZORES

NEW HORIZONS IN THE ATLANTIC – soon, early- or recent retirees

11-18 July 2026

Objective: You have the desire to pause in a different way and spend time with other guests in the same situation in stimulating, yet informal surroundings. You would like to take the opportunity to let nature experiences positively touch you and during daily ‘impulses’ address topics of common concern – such as what it means to be retired: to bid farewell to your career, honor the professional journey with gratitude, to make sense of the new chapter of your book of life, you define what continues to excite and motivate you, which interests are now in the foreground, and explore steps how your life story might continue – holistically...

This is an opportunity to spend a week with others in a meaningful environment where the beauty of nature is omnipresent and the power of the earth is tangible, to share and have revitalizing and renewing experiences.

You are encouraged to get involved during the daily ‘impulses’ as food for thought, to contribute and engage – in addition to your mind also to open your heart and soul to further broaden your horizons... to ‘see’ with the heart as Antoine de Saint-Exupéry put it in *Le Petit Prince*.

Be inspired by these uplifting, renewing and meaningful experiences with significance – in simplicity in a hidden gem, in an authentic, non-ordinary environment in the middle of the Atlantic Ocean. Testimonials can be found on our website.

It is important to clearly define your ideas so that a tailor-made weekly plan can be compiled and agreed upon in advance.

Proposed time outline

Saturday 11 July	Sunday 12 July	Monday 13 July	Tuesday 14 July	Wednesday 15 July	Thursday 16 July	Friday 17 July	Saturday 18 July
	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation
	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	9:30 Farewell
As of 15:00 Check-in ¹⁾	11:30 Excursion ²⁾	11:30 Excursion ²⁾	11:30 Excursion ²⁾	11:30 Whale watching	11:30 Excursion ²⁾	11:30 Excursion ²⁾	11:00 Check-out
16:30 Welcome + tour through Convento with its symbolism	Upon return option to enjoy garden and swim in pool or the sea	Upon return option to enjoy garden and swim in pool or the sea	Upon return option to enjoy garden and swim in pool or the sea	Upon return option to enjoy garden and swim in pool or the sea	Upon return option to enjoy garden and swim in pool or the sea	Upon return option to enjoy garden and swim in pool or the sea	
19:00 Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
Nightcap on the Convento terrace with a 180° view over the Atlantic	<i>Optional (at Convento)</i> Nightcap to share experiences of the day	<i>Optional (at Convento)</i> Nightcap to share experiences of the day	<i>Optional (at Convento)</i> Nightcap to share experiences of the day	<i>Optional (at Convento)</i> Nightcap to share experiences of the day	<i>Optional (at Convento)</i> Nightcap to share experiences of the day	<i>Optional (at Convento)</i> Nightcap to share experiences of the day	

¹⁾ arrive at the guest house (Convento) with your body, heart and soul to relax, e.g. with a refreshing swim in the pool

²⁾ daily activities/excursions will be scheduled in line with the weather

³⁾ Impulses: themes in line with the interests/needs of the entire group

Invest in yourself: suggested donation 2026

CHF 2'500-3'500 (depending on room category and -location)