

## CARIBOU AZORES

## SHARED LIFE SITUATION - SUGGESTED EXAMPLES

This list contains suggestions that will be adapted in line with the needs of the group. It is intended to stimulate thought and is not exhaustive.

The purpose is to offer enriching experiences and exchanges as food for thought and further consideration. The objective is to offer an opportunity to inspire and develop the individual for the benefit of the greater good.

Couples	<ul> <li><u>Reinventing yourself: after the children have left? planed for 2025</u></li> <li><u>Reinventing yourself: retirement on the horizon?</u></li> <li>Reinventing yourself: despite your partner's life-limiting illness, with invigorating experiences actively tackling the remaining time together?*</li> </ul>
	<ul> <li>Finding meaning in life after the return home of a loved one?</li> </ul>
Widow(er)s	– Finding meaning in life after the return home of your spouse?
Singles	<ul> <li>Reinventing yourself: despite life-limiting illness, with invigorating experiences actively tackling the remaining time?*</li> <li><u>Reinventing yourself: retirement on the horizon?</u></li> <li><u>Reinventing yourself: after the return home of a loved one?</u></li> <li>Finding meaning in life and joy after separation from your partner? <i>planed for 2025</i></li> </ul>
Families	<ul> <li>Despite life-limiting illness of a family member: with invigorating experiences actively tackling the remaining time?*</li> <li><u>Finding meaning in life after the return home of a family member?</u></li> </ul>
Friends	<ul> <li><u>Reinventing yourself: retirement on the horizon?</u></li> <li>Reinventing yourself: despite life-limiting illness, with invigorating experiences with friends actively tackling the remaining time?*</li> <li><u>Reinventing yourself: after the return home of a loved one in your circle?</u></li> </ul>
	* currently held in German, planed in English for 2025

Experience a unique and memorable experiential week in a historic monument from the 17<sup>th</sup> century:

- Beyond Borders in the Atlantic
- <u>Updraft in the Atlantic</u>
- <u>New Horizons in the Atlantic</u>
- Dual flight in the Atlantic

Creative explorers! www.caribou-azores.ch